



Grants for Gardening



NGA awards Youth Garden Grants to schools and community organizations with child-centered garden programs. Applicants must plan to garden with at least 15 children between the ages of 3 and 18 years.

In evaluating grant application priority will be given to

programs that emphasize one or more of these elements:

- Educational focus
- Nutrition or plant-to-food connections
- Environment awareness
- Entrepreneurship
- Social aspects-leadership development, team building, and community support

For more information visit:

www.kidsgardening.com



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Healthy Fundraising

School fundraising activities should support healthy lifestyles. Fundraising with healthy foods or non-food items provides consistent messages that support a healthy school environment. Some healthy fundraising options include:

- Play or musical
- Talent show
- Singing telegrams
- Walk-a-thon/Bike-a-thon

- Sports tournament
- Car wash
- Haunted house
- Community coupon book
- Calendars
- School spirit gear

For more ideas on healthy fundraising, visit:

http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Student/NutritionEd/Healthy_Fundraising_BW.pdf

Keep up to date!

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For more information

Visit us:

[Indiana Team Nutrition Website](#)

Contact us:

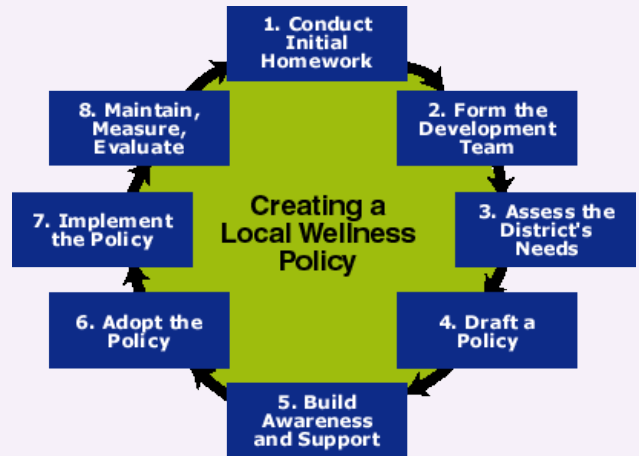
nutrition-support@doe.in.gov

1-800-537-1142

Resource Spotlight: Evaluating Your Local Wellness Policy

The Child Nutrition and WIC Reauthorization Act of 2004 states that a school's local wellness policy must "establish a plan for measuring implementation of the local wellness policy, including designation of one or more persons within the local educational agency or at each school, as appropriate, charged with operational responsibility for ensuring that the school meets the local wellness policy."

Action For Healthy Kids provides a great tool that allows you to monitor implementation and measure the impact of your school wellness policy.



For more information visit:

<http://actionforhealthykids.org/wellnesstool/index.php>

Success Stories

What is your school doing to create a healthy school environment?

Send us your success story, and include any photos or materials. We would love to feature your story in the Indiana Team Nutrition News

Write to us at:

nutrition-support@doe.in.gov

2009 Fall Calendar

September 30: Deadline to register for Fuel Up to Play 60, Colts Junior Broadcaster. <http://indianadairycouncil.org/JB09.html>

October 7: Celebrate Walk/Bike to School Day. For event ideas visit: <http://www.walktoschool-usa.org/>

October 12-16: National School Lunch Week
<http://docs.schoolnutrition.org/meetingsandevents/nslw2009/>

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.



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